



THE PAW STREET JOURNAL

The latest news and updates from Canine Assisted Therapy



THE POWER OF CHECKING IN

Everyone, no matter our age, gender, race or social status will experience an event that causes pain, trauma, anxiety or some kind of mental struggle in our lives. It's easy to offer our love and support to someone in physical pain due to illness or injury, yet we tend to shy away from extending the same love and support to those who are suffering mentally, which is often when it's needed most.

The state of our mental health plays a vital role in our overall well-being. However, many of us attempt to silently battle these hurdles alone due to stigmas or fear of being rejected, misunderstood, judged, etc.

May is Mental Health Awareness. This month, and every month, we want to remind you to stop, breath, and take a moment to check in with yourself and with those you love. The simple act of asking, "How am I (or you) feeling today?" can be the catalyst to a deeper dialogue, aiding in connection to ourselves and others.

Always remember that YOU are enough, YOU are loved, YOU are worthy, and YOU can be the light in someone else's darkness.

CLICK HERE for an Emotional Wellness Checklist.

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UPCOMING VOLUNTEER ORIENTATIONS

ONLINE ORIENTATION

Learn about Canine Assisted Therapy (C.A.T.) and how to become a certified volunteer team with your pet. The session covers what makes a great therapy dog and handler, requirements to become certified, and an overview of our programs and volunteer opportunities.

DATES & TIMES

Monday, June 5th at 5:30 PM

LOCATION

Online - [CLICK HERE TO REGISTER](#)



Do you have a friendly dog who loves people? If you're interested in volunteering with your dog as a pet therapy team, register for an upcoming orientation to learn how to become part of our pack! Contact us today with questions, (954) 990-5175.

UPCOMING EVENTS WITH CANINE ASSISTED THERAPY

SUPPORT C.A.T. AT THIS MONTH'S SOCIALLYGOOD

Eat, drink and network with friends and community members at this month's SociallyGood, a community event presented by Leadership Broward Foundation.

Each month SociallyGood features a nonprofit who will receive 100% of the proceeds collected from the evening. Canine Assisted Therapy is honored to be the beneficiary of this month's SociallyGood, taking place on:

Wednesday, May 17th

5:30 - 7:30 PM

Fiorello's Fort Lauderdale

905 N Fort Lauderdale Beach Blvd
Fort Lauderdale, FL 33304

[GET TICKETS HERE!](#)

sociallygood

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905 N Fort Lauderdale Beach Blvd
Fort Lauderdale, FL 33304

Wednesday, May 17th
5:30 - 7:30 PM

RSVP HERE

Tickets are \$25

To learn more about how to become a pet therapy team with your dog, visit catdogs.org/become-a-pet-therapy-team/

MEET THE NEWEST MEMBERS OF OUR PACK



Albert with Chico



Melanie with George



Fran with Kody

Meet our newest pet therapy teams! Chico is a Miniature Schnauzer with a pep in his step and a twinkle in his eye. George is a Golden Retriever who just wants to be everyone's best friend. And Kody is a Labrador Retriever with a smile that's contagious.

Congratulations to these amazing new pet therapy teams!

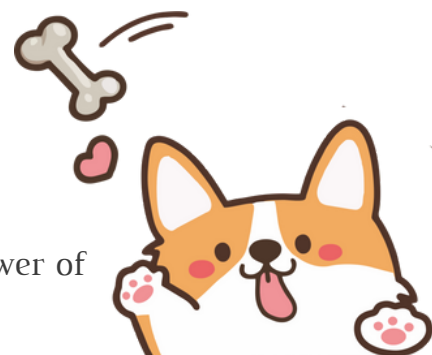
As Canine Assisted Therapy continues to grow and the demand for pet therapy services in our community increases, more and more handlers and therapy dogs like these new teams are needed. **Want to become a part of our pack?** Sign up for an upcoming orientation!

Would your dog make a good therapy dog?

Therapy work is not for every dog, It's important that your dog has the right temperament and even more important that your dog enjoys the interaction. If your pup has the following qualities, he/she may make a good therapy dog!

- friendly and sociable with strangers
- comfortable being touched
- comfortable in a crowd of people
- comfortable around loud noise
- reliable and predictable behavior
- controllable and obedient
- able to cope in stressful environments
- non-aggressive towards other dogs

Join our pack and help us heal lives through the healing power of the human-animal bond.



To learn more about how to become a pet therapy team with your dog, visit catdogs.org/become-a-pet-therapy-team/

C.A.T. IN THE COMMUNITY - Snapshots of the Month



Therapy dog Astro welcoming home Veterans from their Honor Flight on May 6th



Therapy dog Hunter bringing smiles to a child in the hospital



Therapy dog Lexie at Broward County Courthouse's Take Your Child to Work Day



Therapy dogs Aibo and Scruffy at the City of Plantation's Employee Wellness Day

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