



# THE PAW STREET JOURNAL

*The latest news and updates from Canine Assisted Therapy*



## NEW YEAR, NEW DOG?

From books to films, there have been hundreds of stories told about the bond between humans and animals. Old Yeller, Lassie, Marley and Me, A Dog's Purpose, the list goes on and on. The deep relationships we share with animals goes back thousands of years.

An estimated 67% of U.S. households have pets. In fact, pet ownership has been shown to have mental health benefits and can improve the overall quality of our life. Caring for pets can help reduce stress and depression by creating a sense of purpose. It commits owners to routines, such as daily walking, and often facilitates social interactions and community integration.

**Thinking about bringing a new pet into your home?** Consider adopting from a local rescue like Good Karma Pet Rescue, Animal Aid, Abandoned Pet Rescue, Big Dog Ranch, etc. Even if you're looking for a particular breed, there are organizations that are breed specific. Many of our therapy dogs were even rescues at one point!

This month, C.A.T. wants to recognize the amazing rescue work that Golden Rescue of South Florida (GRSF) is doing. **[Read more about them on page 4.](#)**

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# UPCOMING VOLUNTEER ORIENTATIONS

## ONLINE ORIENTATION

Learn about Canine Assisted Therapy (C.A.T.) and how to become a certified volunteer team with your pet. The session covers what makes a great therapy dog and handler, requirements to become certified, and an overview of our programs and volunteer opportunities.

### DATES & TIMES

Wednesday, February 8th at 5:30 PM

### LOCATION

Online - [CLICK HERE TO REGISTER](#)



# UPCOMING EVENTS



**Chris Miracolo**  
Corporate Chef  
The Restaurant People  
Fort Lauderdale



**Richard Harris**  
Executive Chef  
Boatyard  
Fort Lauderdale



**Nick Gittens**  
Pastry Chef  
S3  
Fort Lauderdale

Swank Table Family Style Dinner presents:

### THROWBACK TO THE 70's

Takeover by The Restaurant People

Enjoy multi-course meals created by local and nationally known chefs in collaboration with Florida's best farmers, ranchers, artisanal producers, micro-brewers, distillers and organic winemakers.

**Sunday March 12, 2023**

5:00 PM to 9:00 PM

Swank Specialty Produce, Loxahatchee, FL

[CLICK HERE FOR TICKETS & MORE INFO](#)

*A portion of the proceeds will be donated to Canine Assisted Therapy.*



# MEET THE NEWEST MEMBERS OF OUR PACK



Jessica with Peyton



Natalie with Ziva



Bill and Kay with Mattie Mae



Anita with Ollie

Meet our newest pet therapy teams! Peyton is a spunky, friendly Golden Doodle who loves meeting new people. Ziva is a Bernese Mountain dog who is the epitome of a gentle giant...she'll melt your heart. We also have Mattie Mae, a Golden Retriever with a whole lot of love (and cuddles) to give. Then there's Ollie, the Golden Doodle with a pep in his step and a twinkle in his eye.

Canine Assisted Therapy's volunteers are the heart and soul of the organization. Their service, compassion and commitment enriches the lives of thousands of children and adults every year.

## C.A.T. IN THE COMMUNITY

Newcomers Peyton, Ziva and Mattie Mae are already out in the community making people's days a little brighter. This month C.A.T. teams will be at places like:

- Family First Adolescent Services
- Coconut Creek High School
- North Beach Rehab
- Miami Dade College
- Broward Health
- John Knox Village
- Covenant House
- and more!



Therapy dogs Rocky, Addie and Ziva at Covenant House Florida



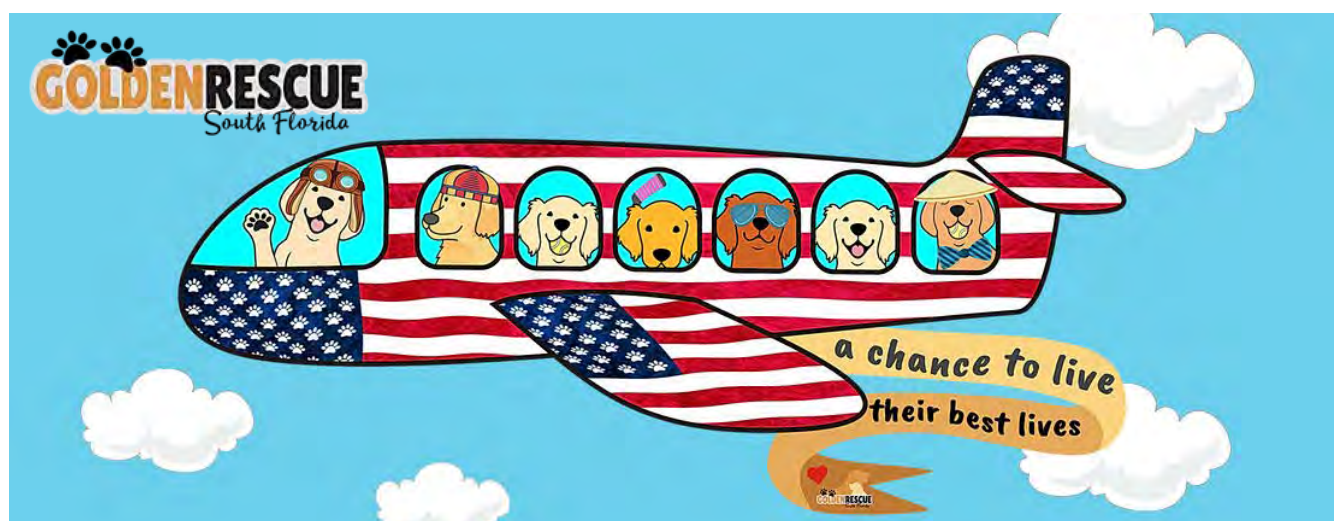
Therapy dog Pheobe Ruffay



Therapy dog Mattie Mae at a treatment center

To learn more about how to become a pet therapy team with your dog, visit [catdogs.org/become-a-pet-therapy-team/](http://catdogs.org/become-a-pet-therapy-team/)





## HOW GOLDEN RESCUE OF SOUTH FLORIDA IS CHANGING LIVES

Golden Rescue of South Florida (GRSF) was founded in 2005 and rescues Golden Retrievers from other parts of the world like Asia, Canada, Turkey, Bahamas, and Puerto Rico, where they survived natural disasters or unimaginable circumstances. Focused on rescuing breeding dogs and dogs in the Asian dog meat trade, GRSF works with rescue partners and foster volunteers to restore and unite these innocent creatures with their new forever home.

GRSF's latest endeavor, the Breeder Rescue Mission, works to rescue breeding dogs and unwanted puppies before they are exposed to the inhumane treatment of dogs sold at auctions.

Canine Assisted Therapy supports the amazing work GRSF is doing and for rescuing so many amazing dogs, some of which go on to be therapy dogs! Below are three C.A.T. therapy dogs who were once rescues of GRSF. We're so grateful they were saved and given a second chance at life.

To adopt a dog from GRSF, visit [goldenrescuesouthflorida.com/home](https://goldenrescuesouthflorida.com/home).



C.A.T. therapy dog, Emma



C.A.T. therapy dog, Andy



C.A.T. therapy dog, Ivy

## BECOME A SUPPORTER

Donations made to C.A.T. help provide therapeutic interactions to at-risk youth, pediatric patients, seniors, individuals with special needs, Veterans, and many others.

Visit [catdogs.org/donate](https://catdogs.org/donate)

# THIS MONTH'S MOST VALUABLE SUPPORTERS



Brown & Brown Insurance is a long time advocate of Canine Assisted Therapy's mission and programs.

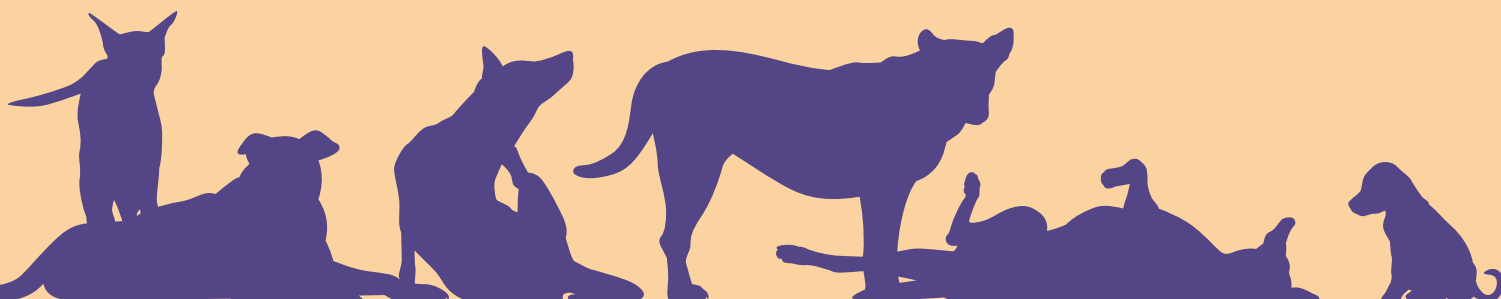
Their continued commitment and support to causes they hold dear, as well as to their customers is something you don't find everyday. With more than 80 years of proven success, Brown & Brown is the fifth largest independent insurance brokerage in the nation. Their culture is built on integrity and delivering superior service, which is evident in the relationships they've built with others. Visit [bbinsurance.com](http://bbinsurance.com).



Pride Air Conditioning & Appliance is a local, second generation owned company that not only takes pride in the work they do, but also in supporting their community. Pride's

belief in giving back is something that sets them apart from other companies. Their passion for providing quality service is the same passion they have for the work that Canine Assisted Therapy does. Visit [prideac.com](http://prideac.com)

**The support from companies like these is what allows Canine Assisted Therapy to deliver quality pet therapy visits to the children and adults who need it most.**



To learn more about how you can become a SUPPORTER, contact us at (954) 990-5175 or make a donation at [catdogs.org/donate/](http://catdogs.org/donate/).